# LEADERSHIP FELLOWS PROGRAM

developing leaders from the inside out



### WHO WE ARE

A cohort of students who....

#### REPRESENT

every concentration in the School of Public Health

LEARN from one another

**SHARE** experiences

GROW in our abilities to make a difference

CHALLENGE

each other to reach new heights



### WHAT WE DO



### Consulting Team Projects.

Identify challenges of a local public health organization and propose innovative solutions to address them



#### Field Trips.

Travel to Sacramento, Oakland, & San Francisco to learn about the career pathways of public health leaders



#### Build Community.

Expand personal & professional networks through Friday Community Learning sessions, skill shares, social activities, and summer retreat

For more info visit:

http://chl.berkeley.edu/programs/fellows-program.html



# Develop building blocks to be effective leaders.

Gather feedback from a multi-source 360 assessment

Create an individual development plan

Explore personal and professional goals & action steps with a life/career coach

Learn strategies to make decisions, inspire others, develop a vision, & make it happen

Gain knowledge & skills in various leadership competencies including facilitation, public speaking, organizational awareness, communication, & teamwork



### **OUR REFLECTIONS**

I have become more self-aware, thoughtful, & intentional about the way I do things and why.

I was able to practice & gain exposure to core leadership competencies in a safe environment focused on learning & growing.

Fellows demystified "leadership" ...and made it clear that it is a never-ending, empowering journey.

## THANK YOU

to the Eustace-Kwan Family Foundation for its generous support I feel confident now about how to approach a complex project or task -- in terms of breaking it down and building positive, effective dynamics

